<u>ELIGIBILITY</u> Older adults 60 years and older. Priority is given to those in greatest financial and social need. Eligibility for some services may require the inability to perform cognitive and physical activities.

#### SERVICES FOR SENIORS

Information and Referral 241-4470

Information on senior resources and referral or linkage to appropriate agencies; community outreach to provide information about available services.

Better Choices, Better Health 241-4470

An interactive 6-week workshop for seniors with chronic health conditions and their caregivers.

Caregiver Counseling 245-3200

Counseling Caregivers to assist them in making decisions and problem-solving.

Case Management Program 241-4470

Social work assistance to frail elderly; coordinates community and in-home services.

Enhance Fitness 241-4898

An evidence-based, physical activity program designed to improve the overall functional fitness and well-being of older adults.

Fall Prevention and Wellness Program 241-4470

In-home assessment that includes a short home visit by Agency on Elderly Affairs, Kauai Fire Department and American Medical response.

Grandparents Raising Grandchildren 245-5914

Family caregivers (grandparents) have supportive programs and services that address their needs to enable them to continue giving care.

Homemaker 241-4470

Helping frail seniors with housework, meal preparation and other limited in-home services.

Home Service Registry 241-4470

Referral of in-home workers who provide services for a fee.

Kauai Adult Day Health 246-6919

Provide adult day care services in a supervised, protective and congregate setting during the day.

Kupuna Care Transportation 246-8110

Bus service available for registered seniors to and from program activities, shopping, clinic, recreation and door-to-door services for frail elderly.

Legal Assistance 241-4470

Legal education, counseling and referral in Medicaid, Medicare, landlord-tenant, creditor, family law and other legal matters. Limited document preparation.

Nutrition Services 245-4077

Hot lunches at various congregate meal sites and island-wide home-delivered meals to homebound seniors.

Personal Care 241-4470

Assistance with activities of daily living such as bathing, dressing, grooming, and eating.

Respite 241 -4470

Provides caregiver relief by assisting in the supervision and care of frail elderly.

RSVP Volunteer Program 241-4479

Meaningful volunteer opportunities for persons 55 years and older.

SHIP HAWAII- State Health Insurance Assistance Program 241-4470

One-on-one Medicare counseling.

Senior Identification Card 241-4470

Photo I.D. available to persons 60 years and older.

# MISSION OF AREA AGENCY

The Kaua'i Agency on Elderly Affairs, as the designated lead County agency, plans, implements, supports, and advocates for the well-being of Kaua'i's older adults; and serves as a one stop source of information on long term care support options and services for all residents.

### VISION STATEMENTS OF THE AREA AGENCY

- Kaua'i's older adults will live independently at home or in the community with dignity and respect.
- Kaua'i's family caregivers receive adequate support to care for their older adults.
- Kaua'i's older adults, persons with disabilities and family caregivers will make informed choices and have streamlined access to long term care support

# **Funding**

Funds are provided by the County of Kaua'i, Federal Administration on Aging, and State of Hawai'i, through the State Executive Office on Aging.

## TO ACCESS SENIOR SERVICES

CALL (808) 241-4470

Fax: (808) 241-5113

Pi'ikoi Building 4444 Rice Street, Suite 330 Lihu'e, Hawai'i 96766-1340

E-Mail: elderlyaffairs@kauai.gov rsvp@kauai.gov

ADRC: www.kauaiadrc.org

A one stop center to obtain information on long term services and support



